

TriHealth EAP presents the

2020 Enrichment Series Schedule

Free trainings for employees and family members

- February 2020 – The Language of Love
- April 2020 – Positive Psychology
- June 2020 – Sleeping Well in a Busy World
- October 2020 – How Your Thinking Impacts Your Communication Style

Each class topic will be offered in a live webinar format.

A full class schedule, including session dates, times and locations, is available online as well as on the back of this flyer.

Pre-registration is required. Register [online](#) or by telephone:

513-977-2165

www.AK.TriHealthEAP.com



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2020 Enrichment Series Training Schedule

Date	Training Topic	Time	Location
Wednesday, February 12	The Language of Love	Noon – 1:00PM EST	Live Webinar
Friday, February 14	The Language of Love	Noon – 1:00PM EST	Live Webinar
Wednesday, April 15	Positive Psychology	Noon – 1:00PM EST	Live Webinar
Friday, April 17	Positive Psychology	Noon – 1:00PM EST	Live Webinar
Monday, June 15	Sleeping Well in a Busy World	Noon – 1:00PM EST	Live Webinar
Wednesday, June 17	Sleeping Well in a Busy World	Noon – 1:00PM EST	Live Webinar
Wednesday, October 14	How Your Thinking Impacts Your Communication Style	Noon – 1:00PM EST	Live Webinar
Friday, October 16	How Your Thinking Impacts Your Communication Style	Noon – 1:00PM EST	Live Webinar

Please Note: The training series is planned one year in advance and is subject to time and location changes. You will be notified in advance of any changes.