

EXAMPLES OF WORK CHILDREN CAN DO



3-4 YEARS OF AGE

(Children of this age need lots of reminders and lots of guidance)

Dress Self (put on pants, socks, shoes, sweater, dress)
Put dirty clothes in hamper

Help set the table, clear dishes
Empty Wastebasket

Pick up and put away toys
Close drawers in room



5-6 YEARS OF AGE

(This age group also needs reminders and guidance)

Set and clear table
Water plants with direction
Dust
Clean out pet box, cage

Take out trash
Help put away groceries
Make bed

Feed pets
Assist with meal preparation
Pick up own games, toys, clothes



7-8 YEARS OF AGE

(The years 7-10 are very industrious ones. Children of this age group like to feel adult-like. Tasks should reflect this)

Sweep floor, walks
Wash, dry, put away dishes
Rake leaves
Help with meals

Vacuum
Help with grocery shopping
Help with parties
Polish own shoes

Make own school lunch
Fill and empty dishwasher
Walk dog



9-10 YEARS OF AGE

Wash car
Polish silver
Use washer/dryer with directions
Put out trash for garbage collector

Water yard or plants
Bathe dog
Fold and put away clean clothes
Clean and organize drawers, closets

Prepare simple meals
Straighten up rooms
Paint



12 AND OVER

(Children over 12 need and want to feel independent. Tasks should reflect this)

Shovel snow
Clean refrigerator
Do laundry
Prepare meals

Wash clothes by hand
Iron
Plan menus
Purchase own clothing

Mow lawn
Clean own room
Wash floors, mirrors, windows
Replace light bulbs